




Maggie, 15

Help them by helping them  up.

THE HELP  UP HARNESS®

The lifting & mobility harness recommended by most Vets & Therapists.

The Help'EmUp® is a unique lifting harness that can literally lift the spirit of aging, injured or recuperating dogs. By placing two handles - one over the shoulders and one over the hips - where anyone can quickly reach them - you can **lift or stabilize your dog at any moment**. This is critical for aging dogs or those rehabilitating from injuries or surgery. Truth is, **we believe the pain it spares may very well be yours**, as our harnesses allow you to lift without stress.

Unlike towels or slings that need to be applied with each use, our harnesses **can be left on for extended periods of time**, making them vital tools for surgeons, veterinarians, vet techs, rehab therapists and you! For virtually anyone who needs help lifting and moving dogs on a daily basis.

Introducing The Help'EmUp® Harness with **"Hip Lift"**. The complete **lifting/mobility** harness system.

The harness features **11 separate fitting adjustments**: providing total flexibility to adjust to the unique dimensions of every dog. It offers additional innovations like air flow fabrics, quick clip fasteners and perforated neoprene, all of which work extremely well to keep dogs cool and comfortable.

Unlike other lifting devices, the Help'EmUp lifts from **directly under the sternum and pelvis**, this **avoids putting pressure on joints, tendons, hips and spine**. You can support your dog quickly and easily, thereby assisting with recovery and rehabilitation and **dramatically reducing the chance of re-injury**.

And **now** we've added **two** new sizes and walking accessories to go with the harnesses. Walking accessories assist owners with lifting and walking their dog to keep them active and healthy. The two new sizes **provide more options for smaller dogs** so they can benefit from the Help'EmUp harness. Look for them inside and go on-line to our website to view our demonstration videos at helpemup.com.

Go on-line @ www.helpemup.com to learn more about us.

Our full body harness is padded, lightweight and very comfortable to wear. The "T" shaped chest pad, bellyband, pelvic pad and padded straps all support from under the sternum and pelvis. These elements spread the weight

evenly thereby avoiding placing pressure on joints or tendons. All pads are constructed with neoprene and are lined with either micro fleece or air flow fabrics to provide optimal comfort and cooling for your dog!



Kona, 12

Shown: Large Harness **Size: 80 to 125 lbs.** Conventional Hip Lift shown
Neck: 20-32" Chest: 20-64" Waist: 22-47" Color: Blue with Black & Grey
Hip Lift Variation: We offer 2 versions of the "Hip Lift" - Conventional and "U" Band. Check out pages 7-8 for details.

Our patented "Hip Lift " puts a handle where you need it most - over your dog's hips! Our unique device supports your dog from under the pelvis - while providing plenty of clearance for urination and defecation.

The "Hip Lift" creates a webbing that allows you to lift your dog's hips up & off the floor quickly and safely. It's the ultimate aid in assisting dogs that are recovering or rehabilitating from spine, knee and hip issues.

3



Chloe, 8

Shown: Medium Harness **Size: 45 to 80 lbs.**
Neck: 14-36" Chest: 16-44" Waist: 20-43" Color: Orange with Black & Grey
How long? You can leave the harness on for extended periods, but at night let them sleep without it or disconnect the 2 support straps.

Introducing the New Small. We've filled the gap with our new size. Designed for dogs too large for the Extra Small and too small for the Medium - this version is just right. It has less material around the neck and under

the hips for increased mobility and greater comfort. It's still built the same as our larger harnesses with nylon tubing and Neoprene padding. Perfect for Schnauzers, Pugs, Terriers, Spaniels, Dachshunds and many more.

4



BoDeane, 10

Shown: New Small Harness **Size: 25 to 45 lbs.**
Neck: 7-23" Chest: 10-38" Waist: 14-30" Color: Green with Black & Grey
Note: The New Small also comes in a "U" Band version for those male dogs whose penis starts further back.

Handling big breeds safely and easily is a challenge for both vets and owners - it's also the area where our harness excels. By supporting their mass from under

the chest and pelvis, you can lift a very large dog with less effort and greater confidence than by using a towel or other device. As we say, lifting both body and spirit!

Bear, 9

5

Shown: XLarge Harness Size: 125 to 225 lbs.

Neck: 18-38" Chest: 30-69" Waist: 26-56" Color: Gold with Black & Grey

Care: All harnesses are machine washable. Use mild detergent and set washer to delicate cycle. Let air dry for greater longevity.

The New XSmall The New XSmall is now more specifically designed to fit even the smallest of dogs. Like all of our larger harnesses it now has 11 separate adjustments to easily fit to your dogs dimensions.

Great for Bischons, Shih Tzus, Yorkshires and many more. We've also padded the connector strap, which provides a unique center handle and also protects the spine.

Note: Owners are also finding it works well for cats!

Turbo, 9

6

Shown: XSmall Harness Size: 10 to 25 lbs.

Neck: 6-26" Chest: 10-27" Waist: 10-22" Color: Red with Black & Grey

Note: The XSmall only comes in the Conventional version - No "U" Band version is available.

Choosing the correct “Hip Lift.” The patented Hip Lift is what makes our harness unique. There are two versions of the Hip Lift. The Conventional version which fits all female dogs and the majority of male dogs.

The “U” Band version is for those males whose penis is located **farther back** - between or just even with the front of the hind legs. The “U” Band has a neoprene padded opening for their penis to pass through.

The Conventional version has a continuous belly band that crosses over the backside of the penis, allowing it to protrude out forward for clearance while urinating. The “U” band version however, has an opening that lets the penis

drop through, providing plenty of clearance. For these males - looking from the side, you may just see the tip of their penis in front of their hind legs, as shown below. These dogs will probably need the “U” band version.



The **Conventional** Hip Lift:

1. Fits all females and 90% of males.
2. On most males the penis will be forward of the front of the hind legs.
3. The pelvic pad fits across the back half of the penis.
4. Both Males and females can urinate freely while being supported.
5. The new pelvic pad is one piece and is more ergonomic for greater comfort.
6. The support straps are covered with padded neoprene sleeves.
7. Support straps run on either side of the tail providing space for male and female defecation.



The **“U” Band** Hip Lift:

1. For males whose penis is located directly under the pelvis or between the rear legs.
2. This version has a padded “U” shaped opening for the penis to pass through.
3. This opening provides clearance for the male penis to pass through.
4. This allows Dogs to urinate freely while being supported.
5. The pelvic pad can be moved or removed to gain space for intact dogs.
6. The padded support straps run on either side of the tail.
7. The opening is ergonomically contoured and padded with neoprene.

Go on line @ www.helpemup.com to see videos on selecting the correct Hip Lift.

Every dog is unique, so we have a range of adjustments to accommodate any and all dogs. Start with weight to help select the correct size and use individual dimensions to fine tune. You may find your dog is on the cusp of one

size or another. We generally advise staying with the smaller harness, as less harness makes for more comfort. We also offer strap extenders in case you need a little more length on some straps. Find them on our website.

Sizing your harness.



Note: Every harness comes fully assembled.

Sizes:	Neck	Chest	Waist	Weight
XSmall	6" to 26"	10" to 27"	10" to 22"	10 to 25 Lbs.
Small	7" to 23"	10" to 38"	14" to 30"	25 to 45 Lbs.
Medium	14" to 36"	16" to 44"	20" to 43"	45 to 80 Lbs.
Large	20" to 32"	20" to 64"	22" to 47"	80 to 125 Lbs.
XLarge	18" to 38"	30" to 69"	26" to 56"	125 to 225 Lbs.



Assisting them up and down stairs is what it does best - but it also helps re-establish their confidence and gives you a free hand!



It's very helpful to lift and guide your dog in and out of vehicles by keeping the shocks to joints and spine at a minimum.



For dogs in rehab it's a plus, you can support them in and out of the tank or pool. It's also made of neoprene, so it's great in the water.

Go to www.helpemup.com to see video demos on fitting.



Getting them off the floor while helping to protect the opposite Anterior Cruciate Ligament makes the harness a lifesaver.



Ramps and stairs are great but for dogs with vision, Wobblers or strength issues, the harness provides stability and guards against falling!



Don't forget the little guys! They are high on the list of spinal issues and the harness can be extremely helpful keeping them mobile.

11



The Walking Handle
One Size
 Length: Max:21" Min:8"
 Width:1.5"
 Weight: Max:125 Lbs



The Walking Leash Shoulder Strap
Two Sizes: M/L & XL
 Length: **M/L** Max:66" Min:21" **XL** Max:69" Min:24"
 Width: **M/L** 1.5" **XL** 2"
 Weight: Max: **M/L** 125 Lbs **XL** 225 Lbs



New! Walking Loop Handles [Sold in Pairs]
Two Sizes: XS/S/M & L/XL
 Length:**XS-M** Max:46"Min:20" **L/XL** Max:38" Min:22"
 Width:**XS-M** 3/4" **L/XL** 1"
 Weight: Max:**XS/S/M** 10 to 80 Lbs **L/XL** 80 to 225 Lbs



Like a sling! The two handles can be connected in multiple ways to allow you to lift like a sling. Or just use one across the hips or shoulders to add support where it's needed.



12

Loop Handles can be used in pairs or as a single loop - it's up to the needs of your dog. There are 6 new "D" rings that allow you to attach the Loop Handles to where you need them most, front to back or side to side!

Walking Accessories

Introducing the New **Help'EmUp** Walking Accessories.

The **XL** Walking Leash Shoulder Strap

13

Chico, 8

The XL WL/SS & Med-Lg WL/SS Both allow you to add a shoulder while lifting and walking even on the largest dogs! Both work well walking and supporting dogs who may have issues urinating or defecating.

The **New XS/S/M & L/XL** Walking Loop Handles



Annie, 9

Front to back or side to side or just one at a time you can turn your harness into a virtual sling. They're soft padded, flexible and easily adjustable to let you add extra support when lifting or walking your dog.

The **Walking** Handle



Roxy, 8

14

The Walking Handle is a walking leash that also lets you support your dog! It's not so much about lifting as it is being there to add confidence and support for whatever issues you or your dog are dealing with.

"The HelpEmUp is the ultimate aid in assisting older dogs to overcome everyday obstacles - those recuperating from post-operative surgery or those who require rehab."

Dr. Lisa Klopp, DVM, MS, ACVIM

"Beautifully designed to support the dog under it's skeleton, with cushy padding in all the right places. Our dogcart customers love it."

Leslie Grinnell, Eddies Wheels, MA

Feedback from Professionals!

"Thank you for creating this harness! We use your product extensively in our practice and it has been a life saver for both our patients and our staff."

Dr. Mellissa Wajda, Orchard Park Vet Medical Center, NY

"I recommend the HelpEmUp to all our senior and neurologically challenged patients needing mobility assistance and confidence building for both the pet and owner."

Kristen Hagler, RVT, CCRP, CVPP, Marin, CA

Caution: Use only on dogs as an aid in lifting or restraint. The harness will need to be adjusted to properly fit each dog's unique dimensions. Follow sizing instructions & refer to diagrams. Do not leave it on your dog for over-extended periods of time. Use it as needed and then remove. You can loosen straps on the harness when your dog is laying down. Watch for hot spots, chaffing or overheating with sensitive skin. Take it off at night if you can to give your dog a break. Machine wash and air dry for greater longevity.

Warranty: Blue Dog Designs guards against defects in materials and workmanship. We do not cover damage due to chewing, excessive wear, unnatural abuse or alteration of the original product.

All sales are final: We offer a 7-Day exchange policy [Size exchange or Style exchange for the Hip Lift Portion of the harness].



Order online @: **helpemup.com** Email: **info@helpemup.com** Call: **720.237.6852**
Blue Dog Designs 1550 South Acoma Street, Denver CO 80223